

# **Maricopa Integrated Health System/ Health Plans Clinical Practice Guidelines**

## Title:

Congestive Heart Failure (CHF)

## Sources:

1. Department of Health and Human Services  
Health Care Financing Administration  
OPL – 200.129
2. American College of Cardiology and The American Heart Association's  
ACC/AHA Task Force Report  
JACC Vol. 26, No. 5  
November 1, 1995: 1376-98

## Disease/Condition:

Congestive Heart Failure – (ICD-9 Code 428.X)

## Category:

Diagnosis, Treatment, Prevention and Evaluation

## Clinical Plans:

Maricopa Senior Select Plan Members (MSSP)  
Maricopa Health Plan (MHP)  
Maricopa Long Term Care Plan (MLTCP)  
Health Select (HS)

## Intended Users:

Physicians, Nurse Practitioners, Allied Health Care Practitioners

## Objectives:

1. Improve and standardize care delivered to eligible patients with CHF
2. Guide the diagnosis and management of Heart Failure (i.e.: CHF, Left Ventricular Systolic Dysfunction) in eligible members.
- 3.

## Target Population:

1. All eligible members enrolled in MIHS Health Plans.

## Clinical Practice Guidelines:

1. Members with diagnosis of CHF (based on ICD-9 code 428.X) have Left Ventricular Function (LVF) assessed by imaging tests, i.e. echocardiogram ( 93300-93350) or radionuclide scan (78414,78472,78473, 78480 78481, 78483).
2. Confirmed diagnosis of left ventricular systolic dysfunction (LVSD, ICD-9 code 428.X) is medically treated with 1 or more of the following medications: Ace Inhibitor, diuretics, digoxin, nitrates and hygralazine
3. Members with CHF diagnosis (ICD-9 code 428.X) will be offered a yearly influenza vaccine.

## Monitoring:

Evaluation of physician compliance will be conducted on an annual basis by Quality Management in conjunction with the CHF Disease Management Coordinator.

## Qualifying Statement:

The Clinical Practice guidelines are developed for the purpose of defining a basic standard for providing effective care to MIHS Health Plans members with CHF.